

Take the first step to preventing cancer

Consider the following questions:

Have you or any of your family members
(mother or father's side) had...

- Breast cancer before age 50 or male breast cancer at any age?
- Ovarian cancer at any age?
- Colon and/or rectal cancer before 50?
- Endometrial (uterine) cancer before age 50?
- 10 or more cumulative colorectal polyps (also called "adenomas")?
- Two or more members of the family diagnosed with melanoma?
- Ashkenazi Jewish heritage
- Bilateral cancer (cancer in paired organs e.g., both breast)
- Multiple primary cancers
- Known gene mutation in the family.

If you answered "YES" to any of these questions, you may have a greater risk of developing cancer. Call us today at (757) 466-8683, Southside or (757) 873-9400, Peninsula to set up a personalized genetic risk evaluation.



VirginiaCancer.com

Atención: Si hablas español, servicios de asistencia con el idioma, de forma gratuita, están disponibles para usted. Por favor llame al 1-757-213-5806 para más información.

Chú ý: Nếu bạn nói tiếng Hàn, Dịch vụ hỗ trợ ngôn ngữ, miễn phí, có sẵn cho bạn. Xin gọi 1-757-213-5806 để biết thêm thông tin.

注意: 如果你會說中國話, 語言援助服務 免費的是可供您使用 請有關詳細資訊, 致電 1-757-213-5806。

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Hereditary Cancer Program

Leading the way
in personalized
cancer-risk reduction

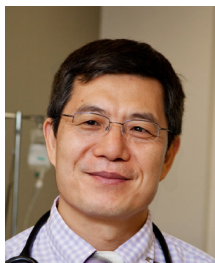
Are you at risk?

*Have you ever been diagnosed with cancer?
Do you have family members with cancer?
Have you ever wondered if you are doing the
right things to lower your risk for cancer?*

Minimize your cancer risk

Professional organizations including the American Society of Clinical Oncology (ASCO), the National Comprehensive Cancer Network (NCCN), the American Cancer Society (ACS) and the American College of Surgeons Oncology Group (ACSOC) now recognize that individuals who have a strong personal and/or family history of cancer can make modifications to reduce the risk of cancer.

We can provide genetic risk assessment and determine the approach that is best for you. Call us to learn more about our genetic counseling and testing.



David Z. Chang, MD, PhD, FACP
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Experts in genetic risk evaluation

At Virginia Oncology Associates, our Genetic Risk Evaluation Team includes board certified physicians and genetic counselors. Our team looks carefully at your personal and family history and gives you knowledgeable guidance about cancer screening and genetic testing.

We can help determine if you have a genetic mutation that puts you at risk for cancer, and guide you through the sometimes confusing process of deciding if genetic testing is right for you.

Get the facts on cancer

- Approximately 10% of all cancers are hereditary.
- Hereditary cancer tends to occur at an earlier age than the sporadic form of the same cancer.
- Gene mutations can be passed on to children.
- Individuals who have inherited a gene mutation may be at a higher risk for more than one type of cancer. In people who have been diagnosed with a cancer, genetic testing may affect their cancer treatment or follow-up care.
- Screening and risk-reducing options exist for individuals who know they are at high risk for certain types of hereditary cancer.

Find out how to minimize your cancer risk

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